

Studio Pulse Center for Dance 2026-2027 Youth Program Classes

<u>Level / Program</u>	<u>Class</u>	<u>Day</u>	<u>Time</u>	<u>Ages</u>	<u>Studio</u>
Parent & Me	Parent & Me	Saturday	9:45–10:30 AM	Ages 2–3	Studio A
Creative Movement	Creative Movement	Saturday	10:45–11:30 AM	Ages 3–4	Studio A
Toddler Tumbling	Toddler Tumbling	Monday	4:00–4:45 PM	Ages 2.5–5	Studio B
Pre-Ballet	Pre-Ballet (a)	Wednesd	4:30–5:15 PM	Ages 5–6	Studio B
Pre-Ballet	Pre-Ballet (b)	Saturday	11:45 AM–12:30 PM	Ages 5–6	Studio A
Pre-Ballet	Pre-Ballet (c)	Saturday	12:30–1:15 PM	Ages 5–6	Studio B
Level 1 abbreviated	Intro to Level 1	Saturday	12:30–1:30 PM	Ages 7+	Studio A
Level 1/2 combined	Combined Ballet	Friday	5:30–6:30 PM	Interest List Ages 7-10	Annex
Level 1/2 combined	Combined Contemporary	Friday	6:30–7:30 PM	Interest List Ages 7-10	Annex
Level 1	Ballet	Thursday	4:30–5:30 PM	Ages 7-8	Studio B
Level 1	Jazz	Thursday	5:30–6:30 PM	Ages 7-8	Studio B
Level 2	Ballet	Tuesday	5:00–6:15 PM	Ages 9-10	Studio B
Level 2	Jazz	Tuesday	6:15–7:15 PM	Ages 9-10	Studio B
Level 3	Ballet	Monday	4:45–6:00 PM	Ages 11-12	Studio B

Studio Pulse Center for Dance 2026-2027 Youth Program Classes

Level 3	Contemporary	Monday	6:00–7:15 PM	Ages 11-12	Studio B
Level 4	Ballet Technique & Beginning Pointe	Monday	5:45–7:15 PM	Ages 13-14	Studio A
Level 4	Contemporary	Monday	7:15–8:15 PM	Ages 13-14	Studio B
Levels 4/5/6	Ballet Technique	Saturday	10:00–11:30 AM	Levels 4/5/6	Annex
Levels 4/5/6	Additional Pointe Training	Saturday	11:30 AM–12:10 PM	Levels 4/5/6	Annex
Levels 4/5/6	Ballet Technique & Pointe	Tuesday	4:00–5:40 PM	Levels 4/5/6	Studio A
Level 5/6	Ballet Repertoire & Pointe	Monday	4:00–5:45 PM	Ages 15-19	Studio A
Level 5/6	Contemporary	Wednesd	5:45–6:45 PM	Ages 15-19	Studio A
Senior Company	Technique	Thursday	4:30–5:45 PM	Ages 15-19	Studio A
Senior Company	Rehearsal	Wednesd	4:30–5:45 PM	Ages 15-19	Studio A
Youth Company	Production	Thursday	5:45–7:00 PM	Ages 12-14	Studio A
Youth Company	Rehearsal	Thursday	7:00–8:15 PM	Ages 12-14	Studio A
Junior Company	Technique	Wednesd	5:45–6:45 PM	Ages 10-12	Studio B
Junior Company	Rehearsal	Wednesd	6:45–8:15 PM	Ages 10-12	Studio B
Mini Competition	Rehearsal	Thursday	6:30–7:45 PM	Ages 6+	Studio B

Studio Pulse Center for Dance 2026-2027 Youth Program Classes

Mini Competition	Technique	Friday	6:45–7:45 PM	Ages 6+	Studio B
Comp Lab	Competition Lab	Wednesd	6:45–8:15 PM	Comp	Studio A
Pulse Premier	Teen Street Team	Tuesday	5:45–7:15 PM	Ages 12+	Studio A
Pulse Purpose	Adult Street Team	Thursday	7:45–9:15 PM	Comp	Studio B
Pulse Prodigy	Youth Street Team	Saturday	12:15–1:30 PM	Ages 7–11	Annex
Pre Hip-Hop	Hip-Hop	Saturday	9:30–10:15 AM	Ages 5–7	Studio B
Beginning Hip-Hop	Hip-Hop	Saturday	10:30–11:30 AM	Ages 8+	Studio B
Intermediate Hip-Hop	Hip-Hop	Saturday	11:30 AM–12:30 PM	Ages 11+	Studio B
Int/Adv Hip-Hop	Hip-Hop	Tuesday	7:15–8:15 PM	Ages 13+	Studio B
Beginning Tap	Tap	Friday	5:45–6:45 PM	Ages 7+	Studio B
Int/Adv Tap	Tap	Friday	4:45–5:45 PM	Ages 12+	Studio B
Beginning Acro	Acro	Friday	3:30–4:30 PM	Ages 6–8	Studio A
Beginning/Intermediate Acro	Acro	Friday	4:30–5:45 PM	Ages 8+	Studio A
Intermediate/Advanced Acro	Acro	Friday	5:45–7:00 PM	Ages 12+ or approval	Studio A
Ballroom	Ballroom	Friday	7:00–8:00 PM	Ages 10+	Studio A

Registration form & more information at StudioPulseAK.com